

Summer Peak 23rd July - 10th September 2022

	7.30 am					7.00 pm
MONDAY	Maintenance and Training			Available for Hire 1.15 pm - 2.00 pm	General Public Admission 2.00 pm - 5.30 pm	Lane Swim / Quiet Swim Divided Pool 5.30 pm - 7.00 pm
TUESDAY		General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	
WEDNESDAY	Lane Swimming 16+ am - 9.30 am	General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	
THURSDAY		General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	Lane Swim / Quiet Swim Divided Pool 5.30 pm - 6.30 pm
FRIDAY	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	Aquacise 16+ 6.30-7.00 pm
SATURDAY	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 9.45 am - 1.15 pm	Available for Hire 1.15 pm - 2.15 pm	General Public Admission 2.15 pm - 5.45 pm		
SUNDAY	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 9.45 am - 1.15 pm	Available for Hire 1.15 pm - 2.15 pm	General Public Admission 2.15 pm - 5.45 pm		

All times and sessions subject to change depending on public health requirements, operational needs, weather and attendance

**LANE SWIMMING**  
Adult 16+ £4.80 | 65+ £3.50

**GENERAL PUBLIC ADMISSION**  
Adult £6.50 | 2-18 £5.00 | 65+ £5.00 | <2 £0

**LANE SWIM / QUIET SWIM**  
Adult 16+ £4.80 | 65+ £3.50 | 2-16 £3.50 <2 £0

**Aquacise**  
Adult 16+ £5.35

Available for private hire, community or corporate events, sporting or club activities, private party hire. Please email [brightlingsealidomanager@gmail.com](mailto:brightlingsealidomanager@gmail.com) or call into the Front of House and speak with the Lido Manager, Nicki Martin.