

*Summer Peak* *23rd July - 10th September 2022*

	7.30 am					7.00 pm
<b>MONDAY</b>	Maintenance and Training			Available for Hire 1.15 pm - 2.00 pm	General Public Admission 2.00 pm - 5.30 pm	Lane Swimming 16+ / Quiet Swim 5.30 pm - 7.00 pm
<b>TUESDAY</b>		General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	
<b>WEDNESDAY</b>	Lane Swimming 16+ am - 9.30 am 7.30	General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	
<b>THURSDAY</b>		General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	General Public Admission 18+ 5.30 pm - 6.30 pm Aquacise 16+ 6.30-7.00 pm
<b>FRIDAY</b>	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 10.00 am - 1.30 pm			General Public Admission 2.00 pm - 5.30 pm	
<b>SATURDAY</b>	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 9.45 am - 1.15 pm	Available for Hire 1.15 pm - 2.15 pm	General Public Admission 2.15 pm - 5.45 pm		
<b>SUNDAY</b>	Lane Swimming 16+ 8.00 am - 9.30 am	General Public Admission 9.45 am - 1.15 pm	Available for Hire 1.15 pm - 2.15 pm	General Public Admission 2.15 pm - 5.45 pm		

All times and sessions subject to change depending on public health requirements, operational needs, weather and attendance

**LANE SWIMMING**  
Adult 16+ £4.80 | 65+ £3.50

**GENERAL PUBLIC ADMISSION**  
Adult £6.50 | 2-18 £5.00 | 65+ £5.00 | <2 £0

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Adult £6.50 | 2-18 £5.00 | 65+ £5.00 | <2 £0

**LANE SWIM / QUIET**  
Adult 16+ £4.80 | 65+ £3.50

General Admission 18+  
Adult 18+ £4.80 | 65+ £3.50

Aquacise  
Adult 16+ £5.35

**Available for private hire, community or corporate events, sporting or club activities, private party hire. Please email [brightlingsealidomanager@gmail.com](mailto:brightlingsealidomanager@gmail.com) or call into the Front of House and speak with the Lido Manager, Nicki Martin.**